

Your Life's Calling

Serving Humanity by Helping Others

Online Master of Arts in Counseling
School Counseling

Online Master of Arts in Counseling
Clinical Mental Health Counseling



WAKE FOREST
UNIVERSITY

Become a Catalyst for Positive Social Change

Expand your human relationship skills and learn how to make a more positive impact on society in a variety of human services settings encompassing public and private schools, professional counseling settings, administration endeavors and nonprofit agencies.

Join a compassionate group of students and faculty at Wake Forest University when you enroll in the online Master of Arts in Counseling program.

Our faculty and student body are known for their dedication to serving humanity, both in their personal and professional lives. Whether you are currently a volunteer, already working in a human services profession, looking for a career change or simply interested in helping more people, you will learn different ways to communicate and better understand people at all stages of life. Discover how counseling and human services practices play an important role in society and learn from some of the most recognized scholars and professional leaders in the counseling profession.

The Graduate School of Arts and Sciences at Wake Forest offers two online master's programs that are rooted in counseling but culminate in a specialized focus.

Choose from the Master of Arts in Counseling – School Counseling or Master of Arts in Counseling – Clinical Mental Health Counseling.

Recently enacted federal regulations requiring compliance with state laws affecting the delivery of distance education degrees, programs and courses to students whose physical presence is in a state other than North Carolina may limit Wake Forest University's ability to offer online opportunities to these students. If you wish to enroll in

one of our online degree programs and reside outside of North Carolina, please inquire before enrolling to determine if we have acquired permission to offer online courses in your state. Please contact our online enrollment team at **1-877-830-7283** for more information.

Each state's counseling licensure board determines the licensing requirements for candidates seeking licensure as a counseling professional. If you wish to enroll in one of our online offerings and are located in Kansas or Illinois, please note that no purely online degree, including that offered by Wake Forest, is sufficient for licensure as a clinical mental health counseling professional in those states. However, this limitation regarding online courses does not apply to the school counseling track within the Master of Arts in Counseling program.

Well-respected around the world, the counseling program at Wake Forest differentiates itself through its:

SPIRIT OF SERVICE

Learn at an institution that embodies the spirit of Pro Humanitate (for humanity), with an abiding commitment to serve others.

CLINICAL SKILLS FOCUS

Collaborate with a passionate, driven faculty and fellow students in our rigorous academic environment that expands your counseling and clinical skills so you can become an exceptional counseling professional.

STUDENT-CENTERED MODEL

Experience focused support of your mastery of the core and specialty areas to make a positive impact as a counseling or human services professional.

COMMITMENT TO EXCELLENCE

Discover well-defined goals and objectives, a variety of learning experiences and an environment focused on quality.

PATH TO COUNSELING CERTIFICATION

Become eligible to take the National Counselor Examination for Licensure and Certification (NCE), which leads to certification as a Nationally Certified Counselor (NCC) by the National Board for Certified Counselors (NBCC), when you graduate from the Master of Arts in Counseling program.

For a Directory of State Counseling Boards, Please Visit:

<http://www.counseling.org/Counselors/LicensureAndCert/TP/StateRequirements/CT2.aspx>

For a Directory of Resources for School Counselor Certification, Please Visit:

<http://www.schoolcounselor.org/content.asp?contentid=242>



Curriculum

Wake Forest students are known for having extraordinary pass rates on exams and going on to hold meaningful, respected human services positions across the globe. Graduates of the program also have a history of high acceptance rates in reputable doctoral programs. This success can be attributed to the dedicated faculty; the motivated, hardworking students; and the challenging curriculum at Wake Forest.

Online Master of Arts in Counseling (MAC)

The Master of Arts in Counseling program consists of a common core of courses to provide knowledge in eight areas: human growth and development, social and cultural foundations, helping relationships, group work, career and lifestyle development, appraisal, research and program evaluation, and professional orientation. The program also supplies clinical instruction with practicum and internship experiences. Through the 60-hour program, you will take 15 required core courses, three clinical courses and three courses in a program specialty area.

Clinical Mental Health Specialty Track

Foundation Courses	
Professional Orientation to Counseling	3 credits
Life Span Development: Implications for Counseling	3 credits
Theories and Models of Counseling	3 credits
Research and Statistical Analysis in Counseling	3 credits
Core Courses (18 credit hours)	
Basic Counseling Skills and Techniques	3 credits
Advanced Counseling Skills and Crisis Management	3 credits
Group Procedures in Counseling	3 credits
Family Counseling	3 credits
Cultures and Counseling	3 credits
Career Development and Counseling	3 credits
Beginning Practice Courses (8 credit hours)	
Clinical Mental Health Counseling Practicum	3 credits
Clinical Mental Health Counseling	3 credits
Consultation and Program Development in Counseling	2 credits
Advanced Practice Courses (22 credit hours)	
Appraisal Procedures for Counselors	3 credits
Addiction Counseling	3 credits
Clinical Mental Health Counseling Internship I	3 credits
Clinical Mental Health Counseling Internship II	3 credits
Classification of Mental & Emotional Disorders	3 credits
Issues in Clinical Mental Health Counseling	3 credits
Professional, Ethical, & Legal Issues in Counseling	2 credits
Professional Identity Capstone Course	2 credits

Master of Arts in Counseling – Clinical Mental Health **60 credits**

School Counseling Specialty Track

Foundation Courses	
Professional Orientation to Counseling	3 credits
Life Span Development: Implications for Counseling	3 credits
Theories and Models of Counseling	3 credits
Research and Statistical Analysis in Counseling	3 credits
Core Courses (18 credit hours)	
Basic Counseling Skills and Techniques	3 credits
Advanced Counseling Skills and Crisis Management	3 credits
Group Procedures in Counseling	3 credits
Family Counseling	3 credits
Cultures and Counseling	3 credits
Career Development and Counseling	3 credits
Beginning Practice Courses (8 credit hours)	
School Counseling Practicum	3 credits
School Guidance and Counseling	3 credits
Consultation and Program Development in Counseling	2 credits
Advanced Practice Courses (22 credit hours)	
Appraisal Procedures for Counselors	3 credits
Addiction Counseling	3 credits
School Counseling Internship I	3 credits
School Counseling Internship II	3 credits
Counseling Children	3 credits
Issues in School Counseling	3 credits
Professional, Ethical, & Legal Issues in Counseling	2 credits
Professional Identity Capstone Course	2 credits

Master of Arts in Counseling – School Counseling **60 credits**



Admission Requirements

- Bachelor's degree from an accredited institution
- Cumulative undergraduate GPA of 2.5 or higher
- GRE > 300; Writing > 3 (Wake Forest requirement)
- Three letters of recommendation
- Personal statement
- \$80 application fee
- Virtual interview with enrollment advisor

**Applicants may receive a GRE waiver based on previous academic performance. Please connect with your Enrollment Advisor to see if you qualify.*

About Wake Forest University

Wake Forest College, as it was then known, was formed in 1834 with a unique educational mission—to build not only intellect, but also character. Today, Wake Forest University carries on this mission by educating the whole person through mind, body and spirit and by helping students find their place in the world following graduation.

The Wake Forest motto is Pro Humanitate, which means to serve humanity. This motto is interwoven throughout the academic programs and curriculum at Wake Forest and is heeded by the faculty and student body. Wake Forest students and faculty are not just scholars and educators; they are people who have an innate passion to positively influence society and lead purpose-filled lives. This passion is what makes the Graduate School of Arts and Sciences a desirable place to pursue advanced studies in counseling and human services.

Part of the Graduate School of Arts and Sciences, the Department of Counseling is highly regarded for its faculty, high test scores, notable students and curriculum.

Wake Forest is continuously recognized for its outstanding academic environment and challenging liberal arts curriculum. *U.S. News & World Report's* 2019 Annual Guide to America's Best Colleges ranks Wake Forest #27 among the nation's Best National Universities. *U.S. News & World Report* also ranks Wake Forest as one of the "best-value" national universities for offering high-quality education at a reasonable cost.

Accreditation

Held to high academic and quality standards, Wake Forest is accredited by the Southern Association of Colleges and Schools.

The Master of Arts in Counseling program, which includes both the Clinical Mental Health and School Counseling concentrations, is accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP). CACREP accreditation is known worldwide as the longest-standing, most recognized form of specialized/professional accreditation a counseling program can earn.

The Department of Counseling also successfully passed two strenuous reviews by accreditation entities—the National Council for Accreditation of Teacher Education (NCATE) and North Carolina Department of Public Instruction (NCDPI)—and received good reviews from university internal and external review boards.



SACS CAN BE CONTACTED AT:

Southern Association of Colleges and Schools

1866 Southern Lane
Decatur, GA 30033-4097
Phone: 1-404-679-4508
(Commission on Colleges, ext. 4504)
Fax: 1-404-679-4556 (1-404-679-4558)
Website: www.sacs.org

CACREP CAN BE CONTACTED AT:

Council for Accreditation of Counseling and Related Educational Programs

1001 North Fairfax Street, Suite 510
Alexandria, VA 22314
Phone: 1-703-535-5990
Fax: 1-703-739-6209
Website: www.cacrep.org

NCATE CAN BE CONTACTED AT:

National Council for Accreditation of Teacher Education

2010 Massachusetts Ave NW, Suite 500
Washington, DC 20036
Phone: 1-202-466-7496
Fax: 1-202-296-6620
Email: ncate@ncate.org
Website: www.ncate.org